



10 | 2018

RADIANTLY BEAUTIFUL FOR AUTUMN



MORE QUALITY for your life.

MY FAVORITE **# SELFIE**

No filter needed for my photos! The innovative **LR ZEITGARD Serox Instant Skin Perfector** has everyday anti-aging action and optimizes my complexion within seconds, with its dual anti-age effect technology.

NEW

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SEROX Constant skin perfector

SEROX INSTANT SKIN PERFECTOR



EFFECT TECHNOLOGY WITH **DUAL ANTI-AGING** ACTION

INSTANT PERFECTION

Optimizes the complexion within seconds. Its silky smooth texture conceals and optimizes the skin with discreet pigments, evens out the skin by minimizing the pores and covering imperfections and fine lines, while offering a matte appearance to oily skin areas.

SUSTAINABLE PERFECTION

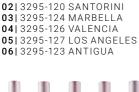
Gradual, sustainable regeneration of skin structure. The highly effective anti-aging active ingredients Gatuline® In-Tense and Ultra Filling Spheres[™] it contains, permanently enhance firmness and skin elasticity. The skin acquires a smooth and firm look.

EFFECT TECHNOLOGY WITH DUAL ANTI-AGING EFFECT:

Flawless skin in seconds and daily anti-aging with permanent results.

LR ZEITGARD Serox Instant Skin Perfector 28250 | 30 ml

Greece 54,99 € Cyprus 52,79 € (183,30 € per 100 ml) (175,97 € per 100 ml)



LR Classics for women

01|3295-106 HAWAII



06

(CLASSS)

07

LR Classics for men

07| 3295-162 BOSTON 08| 3295-151 SINGAPORE 09| 3295-159 MONACO 10| 3295-160 STOCKHOLM 11| 3295-161 NIAGARA



Enjoy every golden moment of autumn with mesmerizing fragrances!

Choose your own favorites for autumn among the rich variety of our unique fragrances! LR CLASSICS provides the ideal fragrance for every mood and occasion. Los Angeles, Stockholm or Marbella... Which will be your next aromatic destination?

NEW: FRAGRANCE + CARE SET!

This month, we offer you exclusive Sets that combine fragrance with skin care: Combine one LR CLASSICS for women with the Aloe Vera Moisturizing Body Balm or one LR CLASSICS for men with the Aloe Vera 2 in 1 Hair & Body Shampoo. A rejuvenating sensation of cleanliness, gentle skin care and fragrance that awakens the senses – the ideal combination to start autumn in high spirits!



LR Classics Care Set for women LR Classics for women free choice · 50 ml Aloe Vera Moisturizing 200 ml	30296 17,89 € Body Balm 17,89 €
Total price Special Set price only Cyprus from 33,58€	35,78 € 26,79 € only 24,99 €
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LR Classics Care Set for men LR Classics for men	30297
free choice · 50 ml	17,89 €
Aloe Vera 2 in 1 Hair & Bo	ody Wash
200 ml	14,69 €
Total price	^{32,58 €} 24,39 €
Special Set price only	24,39€
Cyprus from 31,48€	only 23,59€

Aloe Vera Extra Rich Hand Cream

Rich cream formulated to absorb quickly, for extra dry and demanding hand skin

- With 40% Aloe Vera and organic calendula extract
- Provides intensive care and protects the skin
- Supports the regeneration of dry skin

20613 | 75 ml

Greece 11,49 € (15,32 € per 100 ml) Cyprus 11,49 € (15,32 € per 100 ml)



25% OFF THE SET

Aloe Vera	
Rich Care Set	20785
Extra Rich Day Cream	22,99€
Extra RichHand Cream	11,49 €
Total price	34,48 €
Special Set price only	25,79€

Start your day with Aloe Vera care.

R aloe·via



The days are getting shorter and our summer tan is gradually fading... The change of weather intensely affects the skin of our face and hands.

EXTRA RICH CARE SET FOR AUTUMN

The Aloe Vera Extra Rich Day Cream makes your face glow and helps your skin cope with the unpredictable weather of autumn. The Extra Rich Hand Cream with 40% Aloe Vera provides the skin with moisture and silky smoothness. Prepare for the upcoming fall and get our extra rich care products in a special Set price!



Aloe Vera Extra Rich Day Cream

Rich, moisturizing cream that regenerates the particularly demanding facial skin.

- With 50% Aloe Vera, nourishing Argan oil and organic olive extract
- Stimulates cell regeneration
- Protects the skin from loss of moisture and reduces dryness

Greece 22,99 € Cyprus 22,99 € (45,98 € per 100 ml)

20740 | 50 ml

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Relax and prepare yourself for autumn.

Say goodbye to summer, say hello to autumn! Seasons and weather conditions change, directly affecting our skin, among others.

TIME FOR AN EXTRA DOSE OF SKIN CARE!

The Aloe Vera Refining Eye Cream is particularly suited to the needs of the sensitive eye area, while the Aloe Vera Protecting Propolis Cream is ideal for treating extra dry, demanding skin areas of the face and the body. The Aloe Vera Relieving Thermo Lotion provides a pleasant warm sensation, relaxes stiff muscles and provides soft care.



Aloe Vera Refining Eye Cream

Intensive care for the sensitive eye area

- With 50% Aloe Vera, organic olive extract and Haloxyl
- Provides moisture
- Reduces dark circles and firms the skin
- · Stimulates and revitalizes the eye area

20677 | 15 ml

Greece from 22,99 € Only 16,99 € (113,27 € per 100 ml)

Cyprus from 22,99 € **Only 16,99 €** (113,27 € per 100 ml)

Aloe Vera Protecting Propolis Cream

Rich cream for dry skin in need of intensive care

- With 79% Aloe Vera and beeswax extract
 Offers intensive moisture and nourishes the skin
- Reinforces the natural skin barrier and lays a protective coat on the skin
- · Relaxes and soothes the skin

20602 | 100 ml

Greece 21,99 € Cyprus 20,99 €

R aloe·via



1 EURO DONATION

For every purchased 2-piece Set of the Aloe Vera Relieving Thermo Lotion in October, LR donates 1€ to the LR Global Kids Fund.



Special Set price only

Cyprus from 33,58€

Aloe Vera Relieving Thermo Lotion

Caring thermo lotion, ideal for stiff muscles

- With 45% Aloe Vera gel and essential oils of natural origin
- · Provides moisture and care
- · Stimulates blood flow in the muscles
- Relaxes stiff muscles and nourishes tthe skin

Tip for relaxation

The Aloe Vera Relieving Thermo Lotion can be used for a relaxing evening massage on extra demanding, stressed skin areas such as the legs and the back.

> 35,78 € **26,79 €** only 24,99 €

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Whether sunny or cloudy, Aloe Vera is good for any weather.

The change of seasons disturbs the natural balance of the skin. The temperature drop increases the skin's need for effective care.

EMERGENCY CARE FOR ALL CASES

LR ALOE VIA Special Care products have particularly beneficial and regenerative effects that are necessary for autumn. The Aloe Vera Special Care Box provides you with 3 effective products, suitable for all cases:

- Instant Emergency Spray, with Aloe Vera and 12 herbal extracts
- · Concentrated Gel, with 90% content in Aloe Vera
- Propolis Cream, with Aloe Vera and beeswax extract

Aloe Vera Instant Emergency Spray

EMERGENCY

Gentle spray for the entire body

- With a powerful combination of 83% Aloe Vera gel and 12 herbal extracts
- Lays a protective coat on the demanding skin
- Soothes, refreshes and supports the process of skin regeneration

20600 | 400 ml

Greece 21,99 € Cyprus 20,99 € (54,98 € per 1000 ml) (52,48 € per 1000 ml)





Emergency care for stressed skin



Spray the Aloe Vera Instant Emergency Spray on irritated skin from a distance of about 30 cm.



Apply the Aloe Vera Moisturizing Concentrated Gel next.



Finally, massage the Aloe Vera Protecting Propolis Cream into the stressed areas of the skin.

For beautiful, **glowing skin**.

Natural glow in the warm colors of autumn! The foundations by LR DELUXE create a flawless yet absolutely natural makeup base for a breathtaking look.

NATURAL BEAUTY, FLAWLESS SKIN

Let the colors of autumn inspire you and acquire a healthy skin glow! These highlights by LR DELUXE, "Radiant Skin Primer", "Bright Highlighter" and "Hollywood Powder Multicolour", add a touch of brightness to your makeup.



Radiant Skin Primer

- Conceals skin imperfections, offers a long-lasting effect, minimizes pores
- Contains diamond-based pigments
 more intense shine
- Peach-colored texture for a fresher complexion

11115 | 30 ml

Greece from 27,99 € **20,99 €** (69,97 € per 100 ml)

Cyprus from 26,99 € 20,19 € (67,30 € per 100 ml)



Perfect Smooth Compact Foundation

• Creamy compact foundation with medium coverage, ideal for use on the go

8,5 g

- 1 | 11117-101 Porcelain
- 2 | 11117-102 Light Beige
- 3 | 11117-103 Beige
- 4 | 11117-104 Dark Beige
- 5 | 11117-105 Beige Noisette
- 6 | 11117-106 Hazelnut

Greece from 32,99 € **24,59 €** (289,29 € per 100g)

Cyprus from 31,99 € 23,79 € (279,88 € per 100g)



Perfect Wear Foundation

- Silky texture with medium coverage that blends easily to the natural shade of the skin
- For glowing, flawless skin with a natural finish

30 ml

- 1 | 11116-1 Porcelain
- 2 | 11116-2 Light Beige
- 3 | 11116-3 Beige
- 4 | 11116-4 Dark Beige
- 5 | 11116-5 Beige Noisette 6 | 11116-6 Hazelnut

Greece from 32,99 € **24,59** €

(81,97 € per 100 ml) **Cyprus from 31,99 € 23,79 €** (79,30 € per 100 ml)



Bright Highlighter

- · Conceals all signs of tiredness
- Contains rich skincare ingredients such as amaranth oil, bisabolol, Australian myrtle oil and Optisol[™]

2,5 ml 1 | 11109-101 | Porcelain 2 | 11109-102 | Ginger

Greece from 24,99 €

18,59 € (743,60 € per 100 ml)

Cyprus from 23,99 € **17,79 €** (711,60 € per 100 ml)

Hollywood Powder Multicolour

25%

- Sets your everyday makeup, ideal for every skin tone
- The yellow shade offers a touch of glow
- The beige shade balances discoloration
- The green shade conceals redness and imperfections

11111 | 12 g

Greece from 32,99 € **24,59 €** (204,91 € per 100g) Cyprus from 31,99 € **23,79 €** (198,25 € per 100g)

Rich, luscious care for youthful, glowing complexion!

The skin's exposure to low temperatures, cold winds and dry heated air affects and dehydrates the skin, which is in need of a rich anti-aging treatment to maintain its freshness and youthful look even on cold, cloudy days. The nourishing LR ZEITGARD Beauty Diamonds Radiant Youth Oil makes your skin shine through autumn!

THE ULTIMATE AUTUMN HIGHLIGHT: FACE OIL – IDEAL FOR OPTIMUM CARE DURING AUTUMN AND WINTER!

LR ZEITGARD Beauty Diamonds offers intensive, luscious, nourishing care, especially intended to satisfy the demanding needs of mature skin. The Beauty Diamonds Firming Skin Toner cleanses gently and prepares the skin for the application of the Beauty Diamonds Radiant Youth Oil, which protects from loss of moisture and delivers silky smoothness to the skin. For your daily face care routine we also recommend the Beauty Diamonds Day Cream, the Night Cream and the Eye Cream.



31% OFF THE SET

 Beauty Diamonds-Set
 28300

 Day Cream · 50 ml · 28303
 38,89 €

 Night Cream · 50 ml · 28304
 44,99 €

 Eye Cream · 30 ml · 28306
 33,59 €

Total price 117,47 €

Special Set price only **79,99** € Cyprus from 114,27€ only 77,99 €



Beauty Diamonds Firming Skin Toner

Greece from 14,69€ only **10,99 €** (8,79 € per 100 ml)

Cyprus from 14,69€ only **10,99 €** (8,79 € per 100 ml)



1 face oil – 3 ways to use

Anti-aging oil

Basic anti-aging care for a healthy, glowing skin

- Apply evenly 3-5 drops on your face after cleansing your face in the morning or in the evening
- Next, apply the skin care products you normally use, such as LR ZEITGARD Beauty Diamonds.

Anti-aging oil boost

Rich and nourishing booster for your daily skin care products

- Add some drops of the oil to your day or night cream
- Mix the products on your hand and apply the enriched cream on your face

Anti-aging oil mask

Intensive skin treatment for regeneration and firmness

- Apply evenly about 101 drops on your face, your neck and your décolleté
- Let it unfold its action for 10 minutes and remove it or massage it gently into the skin

Time for **intensive anti-aging**!

Sun exposure during the summer has left its mark on your skin? Autumn is the ideal time to integrate an intensive skin care routine into your everyday life! The Hydrating Kit of the LR ZEITGARD Anti-Age System provides younger skin with the extra care they need, while the LR ZEITGARD Anti-Age System Restructuring Kit covers the needs of mature skin.

TREAT YOURSELF TO A BEAUTY RITUAL!

Its heating and cooling technology supplies your skin adequately with active care ingredients, while boosting its regeneration. Make good use of the evening hours for a beauty treatment! The LR ZEITGARD Sleeping Mask "relaxes" your skin during the night so that it is visibly smoother and more youthful in the morning, radiating with freshness! For a blindingly beautiful complexion while you sleep!







Sleeping Mask

- With jojoba oil for intensive moisture
- With Ultra Filling Spheres™ for anti-aging action
- With schizandra berries that boost the skin's natural regeneration

Let the mask absorb and do not remove it. For optimum results, use it twice a week instead of the night cream of your choice.

71011 | 50 ml

Greece from 22,99 € **17,49 €** (34,98 € per 100 ml)

Cyprus from 22,49 € **17,19 €** (34,38 € per 100 ml)



¹ The vitamin C in the Aloe Vera Drinking Gel Traditional Honey contributes to the normal function of the immune system. ² The capsules contain colostrum.







Sun today, rain tomorrow? LR LIFETAKT is the magic word!

October can be just as cold, rainy and stormy as it is sunny and hot ... You need to attend to your body's needs and take preventive measures to maintain your overall wellness.

EFFECTIVE PREPARATION FOR ANY WEATHER

Seasonal Support by LR LIFETAKT includes the Aloe Vera Drinking Gel Traditional Honey and the Colostrum Capsules, reinforcing your natural defenses and providing daily support in every season¹.



Seasonal Support MONTHLY SET

Aloe Vera Drinking Gel Traditional Honey 3-piece Set 80743 | 3 x 1000 ml



Greece 96,99 € | Cyprus 82,99 € (32,33 € per 1000 ml) | (27,66 € per 1000 ml)

Colostrum Capsules 80360 | 60 Capsules / 30,2 g

Greece 64,99 € | Cyprus 54,99 € (210,32 € per 100g) | (177,96 € per 100g)

YOU SAVE WITH THE SET Set No.: 80741

Greece from 161,98 € | Cyprus from 137,90 € only 152,49 € | only 129,99 €





Autumn is Cistus Incanus time!

The individual Cistus Incanus supplements reinforce your body's natural defenses, so that you can successfully deal with the difficulties in your everyday life while enjoying a pleasant sensation of overall wellness.

WITH EVERY SET: ONE FREE CISTUS INCANUS SPRAY

Boost your immune system1 with the power of Cistus Incanus! This month, get the Cistus Incanus Capsules in a premium 3-piece Set that includes a free Cistus Incanus Spray.

¹The vitamin C that the Cistus Incanus Capsules and the Cistus Incanus Spray contain, contribute to the normal function of the immune system.



INDIVIDUAL SUPPLEMENT

20% OFF THE 3-PIECE SET

Do you rely on the power of nature?

Boost your body's natural defenses with the appropriate products that meet your personal needs.

The Cistus Incanus Capsules contain vitamin C that boosts the function of your immune system¹.

Cistus Incanus Capsules	80142
3-piece Set	
3 x 60 capsules / 33,5 g	
FREE: Cistus IncanusSpray- 30 ml	21,99€

Total price	153,96 €
Special Set price only	122,99 €
Cyprus from 128,96€	only 102,99 €

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Expert Tips

EXPERT TIPS

"The fresh air is good for us, as long as we're properly prepared. Integrating physical exercise into a healthy lifestyle is the best way to shield your body from the cold."

> Dr. Sven Werchan, Nutrition Expert

LIFESTYLE

A warm, relaxing foot bath is working wonders. If you stay outside for a long time, exposing yourself to low temperatures, a cup of hot tea and a relaxing bath will be really beneficial.

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Enjoy each day to the fullest, **full of energy!**

Make sure in advance that the change of seasons is no challenge to you! LR LIFETAKT helps you preserve your energy and vitality despite the humidity and the low temperatures.

ENERGY & VITALITY IN AUTUMN¹

Vital Care is a basic solution by LR LIFETAKT, which includes the Aloe Vera Drinking Gel Intense Sivera and the Reishi Plus Capsules1, supporting you in such a powerful way that autumn weather won't disrupt your plans.



7,50€

YOU SAVE



BASIC SOLUTION



Vital Care MONTHLY SET



Aloe Vera Drinking Gel Intense Sivera 3-piece Set 80823 | 3 x 1000 ml

Greece 107,99 € | cyprus 91,49 € (36,00 € per 1000 ml) | (30,50 € per 1000 ml)

Reishi Plus Capsules 80331 | 30 Capsules / 15,2 g

Greece 42,99 € | **Cyprus 36,99 €** (282,83 € per 100g) | (243,36 € per 100g)

YOU SAVE WITH THE SET Set No.: 80822

Greece from 150,98 € | Cyprus from 128,48 € only **143,49 €** | only **121,99 €**

¹ The vitamin C in Reishi Plus contributes to the normal formation of collagen for the normal function of blood vessels.
² Super Omega contains EPA and DHA fatty acids, which contribute to the normal function of the heart. Therefore, the daily intake of at least 250 mg EPA and DHA is deemed necessary.



1 2 3 Individual

INDIVIDUAL SUPPLEMENT

For those who want to do more about themselves and to support their vitality



Do you wish to boost your heart health?

Super Omega provides you with the essential fatty acids EPA and DHA, which contribute significantly to the normal function of the heart².

Super Omega Capsules

80338 | 60 capsules / 100,8 g

Greece from 43,99 €

only 32,99 € (32,72 € per 100 g)

Cyprus from 36,99 € only 27,69 € (27,47 € per 100 g)

Expert Tips

EXPERT TIPS

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FITNESS & EXERCISE

Gentle yoga is good for you. A gentle yoga practice helps maintain the flexibility of the connective tissue and the muscles. Start by taking a trial lesson at a local yoga studio. "In addition to a balanced diet, it is especially helpful for you to think and act in an integrated way, as your body is in need of more support than before."

> Dr. Sven Werchan, Nutrition Expert

R LIFE TAKT

Facing autumn's challenges at full speed!

Do you like spending your free time outdoors, enjoying your favorite activities? Mind Master Extreme helps you quickly overcome tiredness and fatigue while increasing your stamina^{1,2}.

ALL SET FOR ANY WEATHER

In order to provide your body with further support and overall wellness, you can rely on Colostrum by LF LIFETAKT, the most successful recipe for maintaining your body's well-being!



24% OFF WITH THE 2-PIECE SET

100% Colostrum in liquid form, ideal for quick, direct consumption!

Colostrum Liquid -2-piece 2 x 125 ml	e Set 80363
Total price	91,98 €
SPECIAL OFFER	69,90€
Cyprus from 79,98€	only 61,19 €



¹ Vitamin B12 in Mind Master Extreme helps reduce tiredness and fatigue.

² The caffeine in Guarana helps increase alertness and concentration, while enhancing endurance and efficiency.
³ Vitamin E in Mind Master Extreme contributes to the protection of cells from oxidative stress.

⁴ Thiamine, vitamin B6 and vitamin B12 in Mind Master Extreme contribute to a normal psychological function.

10% OFF THE 2-PIECE SET

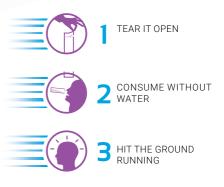
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RFORMANCE

Energy boost to go!

An instant boost of energy for physical and mental efficiency^{1,2,4}. Protects from oxidative stress3. For high performance in a practical stick, suitable for use when you're on the road without added sugar.

Mind Master Extreme Perform Powder 2-piece Set (2 x 35 g / 14 Sticks per 2,5 g)	ance 80982
Total price	65,98 €
SPECIAL OFFER	58,99€
Cyprus from 55,98€	only 49,99 €



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How about an evening dedicated to Aloe Vera wellness?

Daylight is getting shorter and the first rain is pouring... Autumn is giving us a chance to stay home and pamper ourselves with a relaxing wellness treatment!

PERFECT FOR COLD AUTUMN EVENINGS

After showering with the Aloe Vera Vitalizing Shower Gel, continue with the Aloe Vera Soft Skin Cream and the Aloe Vera Repairing Foot Cream for intensive restructuring of the stressed skin of the feet. You can count on the power of Aloe Vera to take good care of your skin!

Tip: Wellness at home

Get these three must-haves by LR ALOE VIA and enjoy relaxing moments of wellness at the comfort of your home. The rejuvenating power of Aloe Vera, in combination with valuable organic extracts, has beneficial effects while offering your skin a pleasant touch of softness.

LIP TO



THE ULTIMATE MUST-HAVES

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SHOWER GEL



Aloe Vera Repairing Foot Cream

Fast-absorbing care cream for dry, flaky feet

- With 30% Aloe Vera gel and organic magnolia extract
- Reconstructs hard, flaky and extra dry feet
- Offers intensive moisture
- The skin of the feet becomes soft and smooth

27517 | 100 ml

Greece from 10,99€ only 8,49 € Cyprus from 10,49€ only 8,09 €

Aloe Vera Soft Skin Cream

CREAM

Rich, non-oily face and body cream

- With 35% Aloe Vera gel and organic magnolia extract
- Offers intensive moisture
- For velvet soft skin
- Absorbs guickly

20631 | 100 ml

Greece from 11,49€ only 8,99 € Cyprus from 11,49€ only 8,99 €

Aloe Vera Vitalizing Shower Gel

Refreshing shower gel for the entire body

- With 35% Aloe Vera gel and organic kiwi extract
- · Deep & gentle cleansing
- Provides a natural freshness sensation

20630 | 250 ml

Greece from 11,49€ **only 8,99€** (3,60 € per 100 ml)

Cyprus from 11,49€

only 8,99 € (3,60 € per 100 ml)

Greet autumn with a dashing smile!

Protection & cleansing in a practical 2-piece Set: The Aloe Vera Extra Freshness Tooth Gel and the Aloe Vera Sensitive Protect Toothpaste provide freshness and take care of your oral flora with the refreshing power of Aloe Vera.



Aloe Vera Oral Care 2-piece Set	20783
Aloe Vera Tooth Paste · 100 ml Aloe Vera Tooth Paste -Gel · 100 m	าไ
Total price	14,78 €

Special Set price only	10,99€
Cyprus from 14,78€	only 10,99 €



LR Health & Beauty Systems - 14452 Metamorphosi Attiki

Your LR Partner