



LR

HEALTH & BEAUTY

LR WORLD 08|2020

Get it  
now!



Set  
Offers

**MICRO  
SILVER  
PLUS**

# Effective care and antibacterial protection

LR MICROSILVER PLUS includes effective skincare solutions for specialized needs. All products contain the powerful antibacterial & antiviral ingredient MicroSilver BG™.

**NEW**



## Hygiene & Protection Mouth Wash 300ml

**25130**

Cleanses and removes up to **99.99% of all germs** that can be found in the oral cavity, like bacteria and viruses.

It prevents the formation of dental plaque, caries and gum inflammation for an intact oral microbiome.

### + special PLUS

- + Long-lasting, gelatinous protective coat
- + Reaches the most inaccessible areas of the oral cavity
- + With Aloe Vera that stabilizes the gums
- + With fluoride that strengthens enamel
- + With menthol and mint for pleasant freshness

**Greece  
Cyprus**

**26,99 €** (9,00 € per 100 ml)  
**25,89 €** (8,63 € per 100 ml)

## Hygiene & Protection Mouth Spray 30ml

**25140**

Removes up to **99% of all germs** that can be found in the oral cavity, prevents the formation of dental plaque, caries and gum inflammation, supports the oral microbiome and provides instant freshness when you're on the go.

### + special PLUS

- + Watery texture that reaches the entire oral cavity
- + With Aloe Vera that stabilizes gums
- + With sage and echinacea that regulate the mucous membrane
- + With mint for pleasant freshness

**Greece  
Cyprus**

**10,99 €** (36,63 € per 100 ml)  
**10,89 €** (36,30 € per 100 ml)

**NEW**





NEW





## TOOTHPASTE

25090

Thanks to the antibacterial & antiviral ingredient MicroSilver BG™, the toothpaste eliminates germs, such as bacteria and viruses, that can be found in the oral cavity. It offers pleasant freshness and fights bad breath.

75 ml

Greece  
Cyprus

9,49 €  
9,39 €

## DENTAL HEALTH GUM

25091

It effectively prevents dental plaque, caries and gum inflammation and provides fresh breath when you're on the go.

10 x 1,4g

Greece  
Cyprus

4,49 €  
3,79 €



## FACE WASH

25000

For gentle antibacterial cleansing  
150 ml

Greece  
Cyprus

20,99 €  
20,99 €

## FACE CREAM

25001

Reduces spots, blackheads and skin imperfections  
50 ml

Greece  
Cyprus

22,99 €  
22,99 €





# IT'S BACK!

## HAND CREAM

25065

Provides lasting support for dry, chapped skin due to frequent hand washing and offers a feeling of silky-smooth, well-groomed hands. The antibacterial & antiviral ingredient MicroSilver BG™ eliminates germs, such as bacteria and viruses.


### + special PLUS


It contains dexpanthenol that nourishes and nurtures intensively. It penetrates deep into cracks, stabilizing and regenerating the skin. The mineral complex ZIN'CITETM protects the skin from environmental influences, like UVA/UVB rays.


75 ml

Greece  
Cyprus

18,99 €  
18,99 €

<b>HAND GEL</b>	<b>25051</b>	
Eliminates up to <b>99.87% of all germs</b> , such as bacteria and viruses, and stays active for up to <b>12 hours</b> .		
75 ml		
Greece	17,89 €	
Cyprus	16,79 €	

	<b>DEO ROLL-ON</b>	<b>25022</b>
	24-hour protection from malodour for a pleasant freshness sensation.	
	50 ml	
Greece		15,69 €
Cyprus		14,69 €

	<b>HAIR SHAMPOO</b>	<b>25072</b>
	Antibacterial protection from dandruff, scalp dryness and itchiness.	
	150 ml	
Greece	29,49 €	
Cyprus	28,39 €	

# For ladies

LR E-Shop Link



Click on each product photo to be directly navigated to its page on the LR e-shop



## Hawaii

3295-106 · 50 ml

### Top note

Bergamot, cinnamon

### Middle note

Rose, sunflower

### Base note

Vanilla, Tonka beans



## Santorini

3295-220 · 50 ml

### Top note

Freesia

### Middle note

Jasmine

### Base note

Musk



## Antigua

3295-223 · 50 ml

### Top note

Peach, violet

### Middle note

Iris, rose

### Base note

Sandalwood, vanilla



## Marbella

3295-124 · 50 ml

### Top note

Orange, bergamot

### Middle note

Peony, jasmine

### Base note

Patchouli, vetiver



## Valencia

3295-126 · 50 ml

### Top note

Lemon, grapefruit

### Middle note

Blossoms, jasmine

### Base note

Amber, musk



## Los Angeles

3295-127 · 50 ml

### Top note

Pear, lotus

### Middle note

Lily of the valley, jasmine

### Base note

sandalwood, white musk

# For men

2+1  
free



## Singapore

3295-151 · 50 ml

### Top note

Oriental, spicy

### Middle note

Cedar wood, sage

### Base note

Vanilla, frankincense



## Niagara

3295-261 · 50 ml

### Top note

Aquatic, mint

### Middle note

Geranium, neroli

### Base note

Cedar wood, musk

## FREELY SELECTABLE COMBINATION

### LR Classics 2+1 Set

30058

Select 3 of your favorite fragrances among the entire LR Classics range and get them at the price of 2!

### Total price

53,67 €

### Special offer Greece

35,78 €

### Cyprus from 50,37 €

33,58 €



## Boston

3295-162 · 50 ml

### Top note

Apple, orange

### Middle note

Rose, jasmine

### Base note

Spicy wood, amber



## Stockholm

3295-260 · 50 ml

### Top note

Bergamot, anise

### Middle note

Guaiacum, cedar wood

### Base note

Amber, musk



## Monaco

3295-259 · 50 ml

### Top note

Bergamot, grapefruit

### Middle note

Green and flowery notes

### Base note

Amber, woody notes



# PURE HAPPINESS

*Be true. Be bright. Just be happy!*

The new fragrance collection by Guido Maria Kretschmer inspires you to simply be happy and enjoy every moment.

PURE HAPPINESS is sheer zest for life – two fragrances full of airy lightness that will surely make you smile!

*for her*



## FRUITY - FLOWERY - INSPIRING

A combination of grapefruit, jasmine and musk.

Perfume for women  
30560 | 50 ml

**Greece 54,99 €**

**Cyprus 52,79 €**



*for him*

## WOODY - FRESH - VIVACIOUS

A combination of grapefruit, cedar wood and green moss.

Perfume for men  
30570 | 50 ml

**Greece 54,99 €**

**Cyprus 52,79 €**



*Free fragrance  
selection!\*\**

**PURE HAPPINESS**  
by Guido Maria Kretschmer  
Perfume Set - free choice

30565

Perfume for women | 50 ml

Perfume for men | 50 ml

Total price	109,98 €
Special offer for Greece	98,99 €
Cyprus from 105,58 €	94,99 €



\*\* Feel free to choose between the following combinations: 2 men's perfumes, 2 women's perfumes, 1 men's and 1 women's perfume

Limited  
Edition

# Fruity skincare for your body

Cooling  
effect

Fluffy, creamy and refreshing just like your favorite ice cream, our new, limited-edition skincare products come to excite you with their fruity aroma, offering your skin rich care and nourishment during the summer months! So enjoyable that no one can resist them!



## INTENSIVE NOURISHMENT WITH COOLING SENSATION

Ice, Ice Berry Body Sorbet  
200 ml

27106

- Lightly cooling sorbet texture
- With vitamin E, hyaluronic acid and menthol
- Fast-absorbing texture for an extra moisture boost
- Fruity and refreshing berry scent

Greece  
Cyprus

13,99 € (7,00 € per 100 ml)  
13,39 € (6,70 € per 100 ml)



## CREAMY CLEANSING FOAM

Ice, Ice Berry Shower Foam  
200 ml

27105

- Fluffy and creamy shower foam
- Cleanses the skin gently and efficiently
- With fruity and refreshing berry scent

Greece  
Cyprus

10,99 € (5,50 € per 100 ml)  
10,59 € (5,30 € per 100 ml)

LR E-Shop Link



Click **on each product photo** to be directly navigated to its page on the LR e-shop



FRUITY SUMMER  
BERRY SCENT



## FRUITY & COOLING SKINCARE

### Ice, Ice Berry Set

27107

Shower Foam | 200 ml

Body Sorbet | 200 ml

Total price

24,98-€

Special Set price Greece

18,49 €

Cyprus from 23,98-€

only 17,69 €

Limited  
Edition

Fresh & fruity sun



## AFTER SUN FACE CARE

**Aloe Vera After Sun Face Mask** 23106  
50 ml

- Refreshing and regenerating after-sun face mask that activates the tanning process
- Rejuvenates, nourishes and intensely cools the skin after sun exposure, with 50% gel Aloe Vera
- Refreshing formula with natural cellulose for an extra boost of freshness
- It contains organic kiwi extract with soothing properties, which calms and cares for your skin after sun exposure.

Greece 21,99 € (43,98 € per 100 ml)  
Cyprus 21,09 € (42,18 € per 100 ml)



## FRESHNESS SENSATION TO GO

**Aloe Vera Moisturizing  
Face & Body Spray** 20810  
100 ml

- Spray that moisturizes the face and body
- It can be applied over makeup
- Aloe Vera offers extra freshness for face and body at any time
- Contains organic kiwi extract, which is very rich in vitamin C: strong antioxidant action and skin protection from free radicals.

Greece 10,99 €  
Cyprus 10,59 €

sun  
with

Kiwi contains mor  
has a strong anti  
from free radic  
Kiwi soo  
reg

\* www.o  
\*\* www

# Summer sensation

Glowing  
summer skin  
the power of  
kiwi!

...re vitamin C than any other fruit\*, while it  
...oxidant effect. It helps protect the skin  
...als and prevents pigmented spots.\*  
...othes and supports the natural  
...anation of irritated skin.\*\*

camillen60.de  
naturalbeauty.de



## TWO SKINCARE TALENTS FOR GLOWING SUMMER SKIN

LR ALOE VIA Summer & Sun Set

20811

After Sun Face Mask

Moisturizing Face & Body Spray

Total price

32,98 €

Special Set price Greece

25,99 €

Cyprus from 31,68 €

24,99 €

Limited  
Edition

# Perfume Cock

Discover the first 2-phase fragrances by LR!  
Experience a unique explosion of colors and emotions. Inspired by the freshness of juicy summer fruits and the vivid colors of refreshing summer cocktails, the 2-phase perfumes put you in a summer mood! Shake the perfume bottle, spray and enjoy a fascinating summer feeling on the skin...



## WOODY, SPICY, FRUITY CITRUS NOTES

**LR Classics Tropical Shake  
for gentlemen 3295-167**

The blue phase of the perfume blends lemon, gin and jasmine, while the green phase is characterized by aromas of pomelo, cardamom and cedar wood, which add a refreshing, spicy aromatic note to the fragrance.

50 ml

<b>Greece</b>	<b>19,99 €</b>
<b>Cyprus</b>	<b>19,19 €</b>

## VIBRANT & EXOTIC CITRUS NOTES

**LR Classics Tropical Shake  
for ladies 3295-132**

The red phase of the perfume is a blend of grenadine, wild strawberries, hibiscus and coconut, while the yellow phase contains orange, Nashi pear and sugar cane scents, creating an irresistibly exotic aura.

50 ml

<b>Greece</b>	<b>19,99 €</b>
<b>Cyprus</b>	<b>19,19 €</b>

# Details



MADE IN GERMANY

"Made in Germany"  
is our promise for top  
quality, which you can  
rely on 100%.



Shake it!  
Spray it!  
Smell it!



Shake it!  
Spray it!  
Smell it!

Free fragrance  
selection!\*

## PERFUME COCKTAILS

LR Classics Tropical Shake 2-piece Set - free choice 30288

LR Classics Tropical Shake for ladies

LR Classics Tropical Shake for gentlemen

Total price 39,98 €

Special Set price Greece 32,99 €

Cyprus from 38,38 € 31,59 €

\* Feel free to choose between the following combinations: 2 men's perfumes, 2 women's perfumes, 1 men's and 1 women's perfume

# Targeted Anti-Aging

## FOR MEN'S SKIN

The composition of the LR ZEITGARD Platinum products is especially designed for the requirements of men's skin. The products contain an innovative combination of Platinum active ingredients, which are absorbed instantly, moisturize the skin, reduce the depth of wrinkles and give a youthful look.

### LR ZEITGARD Platinum Anti-Aging Cream

- Contains Platinum Matrix-em®, a special peptide that stimulates the regeneration of collagen fibers, glacier water from the Swiss Alps, cactus extract and hyaluronic acid
- Moisturizes and refreshes the skin
- Enhances skin elasticity and prevents the signs of aging

### LR ZEITGARD Platinum Express Eye Cooler

- Contains Cytobiol Lumin-Eye®, an active complex that counteracts puffiness and under-eye circles, green coffee extract, hyaluronic acid & Platinum Matrix-em®
- Helps reduce wrinkles and fine lines around the eyes
- Moisturizes and refreshes the sensitive skin of the eye area



### LR ZEITGARD Platinum Men's Care Set

28469

- Innovative active ingredient combination, such as Platinum Matrix-em®

Anti-Aging Cream | 50 ml

Express Eye-Cooler | 30 ml

Total price	70,48 €
Special offer Greece	48,99 €
Cyprus from	68,28 €
	47,39 €



**"Made in Germany"**  
is our promise for top  
quality, which you can  
rely on 100%.



## ANTIBACTERIAL PROTECTION

Reduces skin imperfections, combats unwanted bacteria, soothes irritations and improves skin appearance.

### LR MICROSILVER PLUS Face Wash

- Antibacterial skin cleansing, thanks to the active ingredient MicroSilver BG™
- Soothes the skin and supports skin regeneration
- Contains salicylic acid that dissolves dead skin cells

### LR MICROSILVER PLUS Face Cream

- Contains the active ingredient MicroSilver BG™
- Reduces dark spots, pimples and skin imperfections
- Improves skin appearance
- Protects and supports the natural balance of the microbiome
- Contains the anti-inflammatory ingredient Defensol

### LR MICROSILVER PLUS Face Set

**25004**

Refines skin texture and reduces impurities and irritations.

**Face Wash** | 150 ml

**Face Cream** | 50 ml

**Total price**

**43,98-€**

**Special offer Greece**

**29,99 €**

**Cyprus from 43,98-€**

**29,99 €**

# luxurious

## ANTI-AGING SKINCARE



The unique products of the LR ZEITGARD Nanogold series offer intensive treatment against premature skin aging thanks to an innovative combination of micronized gold particles and silk proteins.

### LR ZEITGARD Nanogold Day Cream

- Protects the skin from sunlight and premature aging
- With a silky & creamy composition that nurtures the skin throughout the day

### LR ZEITGARD Nanogold Night Cream

- Luxurious cream for skin nourishment and regeneration overnight
- Repairs the effects of photoaging on the skin
- Moisturizes and nourishes

#### LR ZEITGARD Nanogold & Silk Set

**28188**

With ingredients that support the skin's UV protection and stimulate the formation of collagen, thus supporting skin regeneration.

**Day Cream** | 50 ml

**Night Cream** | 50 ml

Total price 72,48 €

Special offer Greece 49,99 €

Cyprus from 70,28 € 49,39 €

LR E-Shop Link



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The specially adjusted active ingredient combination of the LR ZEITGARD Serox products is aimed at reducing expression lines and improving skin elasticity and volume.

#### **LR ZEITGARD Serox Professional Eye Pads**

Professional eye pads for intensive moisture in only 15 minutes

#### **LR ZEITGARD Serox Wrinkle Care**

Intensive concentrate for targeted application on fine lines around the eyes, the mouth and the forehead

#### **LR ZEITGARD Serox Instant Result Serum**

Intensive anti-aging serum with silky soft texture

#### **LR ZEITGARD Serox Intensive Result Cream**

Anti-aging cream that smoothes expression wrinkles

## **TARGETED ANTI-AGING**

### **LR ZEITGARD Serox Complete Set**

**28245**

- Innovative effect technology with double anti-aging action

**Intensive Result Cream | 50 ml**

**Instant Result Serum | 30 ml**

**Wrinkle Care | 15 ml**

**Professional Eye Pads | 4 x 2 Pads**

**Total price** 225,66 €

**Special offer Greece** 147,99 €

**Cyprus from** 220,36 € 143,49 €



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is our promise for top quality, which you can rely on 100%.



## EFFECTIVE BASIC CARE

### LR ZEITGARD Racine Set **28503**

With active ingredients that provide tired-looking skin with plenty of moisture, vitality and radiance, actively preventing the first signs of skin aging.

**Day Cream** | 50 ml

**Night Cream** | 50 ml

**Eye Cream** | 15 ml

**Total price** **41,97 €**

**Special offer Greece** **29,99 €**

**Cyprus from 40,87 €** **28,99 €**

Delay the first signs of aging with the LR ZEITGARD Racine skincare line: It contains an effective ingredient complex with coenzyme Q10 and algae, which activates the skin and gives freshness and radiance.

### LR ZEITGARD Racine Day Cream

Rich-textured day cream for more vitality

### LR ZEITGARD Racine Night Cream

Intensive night cream for skin regeneration during the night

### LR ZEITGARD Racine Eye Cream

Effective ingredient combination for more vitality and moisture for the sensitive eye area

# Natural skincare for beautiful skin

**WITH THE POWER OF ALOE VERA**

Enjoy sensation of fresh and hydrated skin thanks to Aloe Vera: it maintains a high level of skin moisture and helps preserve the skin's balance, in combination with valuable ingredients such as organic olive extract.

## Aloe Vera Multi-Active Day Cream

- Soft and nourishing texture for extra moisture during the day
- For intensive hydration and soft skin
- Protects from environmental influences

## Aloe Vera Regenerating Night Cream

- Rich night cream with a relaxing scent
- Nourishes and regenerates the skin
- Improves natural skin function during the night

## Aloe Vera Refining Eye Cream

- Intensive cream for the eye area
- Reduces dark circles & tightens the skin
- Stimulates, moisturizes and rejuvenates



## INTENSIVE FACE CARE AT ALL HOURS

### Aloe Vera Face Care Set

**20707**

Complete care for beautiful and radiant skin.

**Aloe Vera Multi-active Day Cream** | 50 ml

**Aloe Vera Regenerating Night Cream** | 50ml

**Aloe Vera Skin-Refining Eye Cream** | 15ml

Total price

68,97-€

Special offer Greece

49,99 €

Cyprus from 68,97-€

49,99 €



# efficient

## CARE FOR FIRMNESS AND BODY TONING

Two body care products that give you a pleasant skin sensation and an even skin appearance.

### Aloe Vera Shaping Body Gel

- For abdomen, arms and thighs
- Refreshing gel that is quickly absorbed
- Improves tissue elasticity
- Regular use helps waist circumference
- The skin is smoothed and firmed

### Aloe Vera Multi-Corrective Body Cream

- For legs and thighs
- Improves skin elasticity and softness
- Smoothes skin imperfections
- For an even skin appearance



### Aloe Vera Toning Set

**27529**

Effective ingredients with a shaping effect for a defined silhouette.

**Aloe Vera Shaping Body Gel | 200 ml**  
**Aloe Vera Multi-Corrective Body Cream | 200 ml**  
**+ FREE Shower Glove**

Total price	59,98-€
Special offer Greece	38,99 €
Cyprus from 57,98-€	37,79 €

LR E-Shop Link



Click **on each product photo** to be directly navigated to its page on the LR e-shop



## A TOUCH OF FRESHNESS

Especially during the summer, our skin needs extra moisture. Enjoy the hydrating properties of Aloe Vera, which stabilizes the skin natural moisture level and offers a soft and pleasant touch

### Aloe Vera Soft Skin Cream

- Rich, non-greasy face and body cream
- With 35% Aloe Vera gel and organic magnolia extract
- For intensive hydration and velvet soft skin

### Aloe Vera Refreshing Gel Cream

- Light, moisturizing cream with a thin texture
- With 50% Aloe Vera gel and organic olive extract
- Revitalizes the skin and protects it from free radicals

### Aloe Vera Smoothing Hand Cream

- Hand cream that absorbs quickly
- With 35% Aloe Vera gel and organic calendula extract
- Moisturizes and nourishes the hands

### Aloe Vera Body Care Set

20708

For intensive moisture and a soft skin sensation.

**Aloe Vera Soft Skin Cream | 100 ml**

**Aloe Vera Refreshing Gel-Cream | 50 ml**

**Aloe Vera Smoothing Hand Cream | 75 ml**

Total price

44,97 €

Special offer Greece

29,99 €

Cyprus from 44,97 €

29,99 €



## EFFECTIVE CARE FOR STRESSED SKIN AREAS

**Aloe Vera Vital Set 20718**

**Aloe Vera Multi-purpose MSM Body Gel | 200 ml**

**Aloe Vera Relieving Thermolotion | 100 ml.**

**Total price 46,38 €**

**Special offer Greece 31,99 €**

**Cyprus from 44,08 € 30,49 €**

Relieve stressed skin areas with the power of Aloe Vera

### Aloe Vera Multi-purpose MSM Body Gel

- Quickly absorbing, cooling gel cream
- For stressed muscles and joints
- With 60% Aloe Vera gel, MSM (organic sulfur compound), bearberry leaves and willow extract
- Improves skin firmness and elasticity

### Aloe Vera Relieving Thermolotion

- Warming skin lotion
- Suitable for relieving muscle tension and pain
- Muscle relaxing and skin caring properties
- With 45% Aloe Vera gel, eucalyptus & chicory essential oils
- Enhances muscle blood flow



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is our promise for top quality, which you can rely on 100%.



## SKINCARE AND REGENERATION FOR EVERY NEED

Your must-have „First Aid“ kit for any skincare emergency. Three Aloe Vera experts that support natural regeneration and offer extra treatment. The Aloe Vera Special Care Box is the ideal skincare package for your home and on the go.

The box includes:

**Aloe Vera Protecting Propolis Cream**

- Intensive moisture, skin relief and nourishment

**Aloe Vera Moisturizing Concentrated Gel**

- Offers skin elasticity, freshness and instant regeneration

**Aloe Vera Instant Emergency Spray** (in a practical 150 ml bottle)

- Lays a protective coat on stressed skin and helps it regain its natural balance

**Special Care Box – 2-piece Set**

**94993**

An all-purpose box with the three experts that support natural skin regeneration at home or on the go.

**Aloe Vera Instant Emergency Spray** | 150 ml

**Aloe Vera Moisturizing Concentrated Gel** | 100 ml

**Aloe Vera Protecting Propolis Cream** | 100 ml

**Total price**

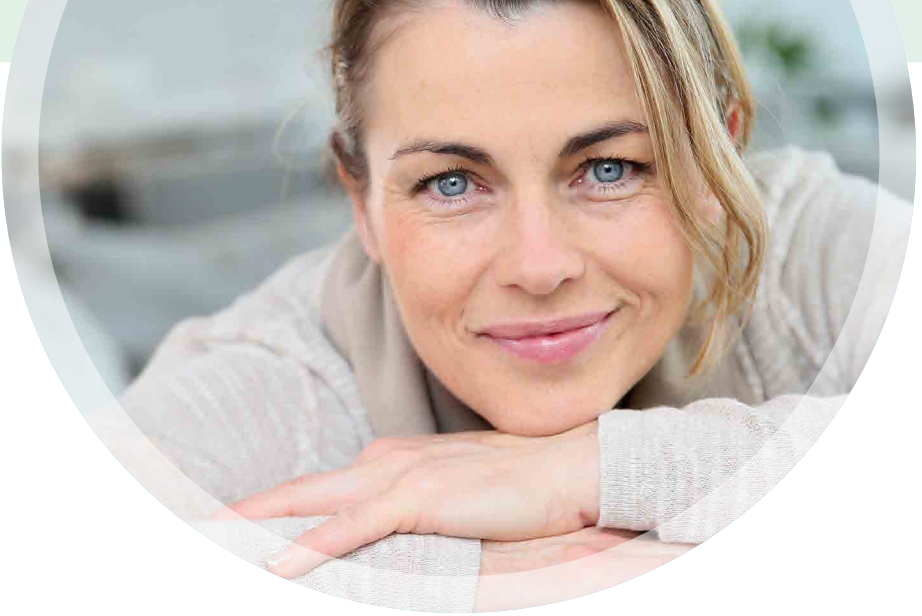
**101,74 €**

**Special offer Greece**

**64,99 €**

**Cyprus from 97,54 €**

**61,99 €**



# Wellness for Women

## WITH RED CLOVER

Woman Phyto helps you deal more easily with hormonal changes in the body. Namely, the high content of calcium and vitamin D helps maintain normal bones, thus having a positive effect on bone health during menopause. The valuable addition of red clover extract helps maintain hormonal balance and helps you feel comfortable during this demanding period.

Menopause marks the transition from the fertile to the infertile phase in a woman's life. This process is completely normal and an integral part of

every woman's life. Many women experience this transition as a nuisance, since it is accompanied by annoying symptoms that influence their daily life, such as hot flashes, weight gain, insomnia or mood swings.

No need to worry, however, because your diet and lifestyle habits can make a great difference on how easy or difficult the menopausal period will be for you. In addition, plants such as red clover can help you keep these symptoms under control.



LR E-Shop Link



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2+1  
free



## SUPPORT DURING MENOPAUSE

### Woman Phyto Capsules – 2+1 Set

80352

3 x 90 capsules / 46,8 g

- An effective combination of calcium<sup>1</sup> and vitamin D<sup>2</sup> that provides optimum support during menopause
- With red clover extract for additional support

Total price

89,97 €

Special offer Greece

59,98 € (42,72 € per 100 g)

Cyprus from 77,97 €

51,98 € (37,02 € per 100 g)

<sup>1</sup> Calcium contributes to the normal function of metabolic processes aimed at producing energy.

<sup>2</sup> Vitamin D helps maintain healthy bones, muscles and teeth.



# WHY ARE *omega-3 fatty acids* SO IMPORTANT?

Super Omega contains 41% fish oils derived from sustainable fishing. In detail, fish oil comes exclusively from mackerel, sardines and tuna that live freely in the sea. The recommended daily dose of is 1 capsule 3 times a day and corresponds to 1260mg omega-3 fatty acids. Super Omega contains a high concentration of EPA and DHA, which are in triglyceride form.

Omega-3 fatty acids are known to contribute to various processes in our body:

- ✓ They support the **cardiovascular system**
- ✓ They improve our **mood**
- ✓ They improve **fertility**
- ✓ They help regulate **body weight**
- ✓ They improve **glucose tolerance**
- ✓ They support the balance of our **gut flora**
- ✓ They improve **mental clarity**
- ✓ They **reduce inflammation** and pain





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quality, which you can  
rely on 100%.



from sustainable  
fishing

## OPTIMAL SUPPORT FOR YOUR HEART

### Super Omega Capsules – 4-piece Set

80144

4 x 60 capsules / 99,3 g

Super Omega contains omega-3 fatty acids that help maintain heart health<sup>1</sup> and balance blood lipid levels.

Total price

175,96 €

Special offer Greece

119,99 € (30,21 € per 100 g)

Cyprus from 147,96 €

99,99 € (25,17 € per 100 g)

<sup>1</sup> EPA and DHA support a healthy heart function. Therefore, a daily intake of at least 250 mg EPA and DHA is required.

LR E-Shop Link



Click **on each product photo** to be directly navigated to its page on the LR e-shop



# Kick-start your day with energy and vitality

This August is the ideal chance to develop healthy habits. During our summer holiday, we have more time for ourselves and it makes us think about the benefits of adopting a healthy lifestyle. The key elements are deep sleep and high performance.

We are well aware that combining good sleep Mind Master products makes us more productive, energetic and ready for higher physical and mental performances. According to a clinical study, Mind Master is a supplement that offers antioxidant protection, an important element for our energy and well-being.



## DO YOU NEED EXTRA ENERGY ON A DAILY BASIS?<sup>1,2</sup>



### Mind Master 5-piece Set

80935

5 x 500 ml

- For enhanced mental and physical performance<sup>2</sup>
- Protects from oxidative stress<sup>1</sup>
- With Aloe Vera leaf gel for overall wellness

Total price

77,40 €

Special offer Greece

54,67 € (21,87 € per 100 ml)

Cyprus from 69,95 €

51,29 € (20,52 € per 100 ml)

\* Choose freely 5 items from both Mind Master flavour variations, Formula Green and Formula Red.



## LOW PERFORMANCE? GET YOURSELF AN ENERGY KICK!



### Mind Master Extreme Performance Powder – 2-piece Set

80982

2 x 35 g / 14 sticks per 2,5 g

- Instant energy kick
- In a convenient to-go format, for immediate consumption without water
- Sugar-free

Total price

65,98 €

Special offer Greece

48,99 € (69,99 € per 100 g)

Cyprus from 55,98 €

41,49 € (59,27 € per 100 g)

<sup>1</sup> Vitamin E helps protect cells from oxidative stress.

<sup>2</sup> Vitamin C contributes to the normal function of metabolic processes aimed at producing energy and the normal function of the nervous system. Vitamin B12 helps reduce tiredness and fatigue.

<sup>3</sup> Vitamin C increases iron absorption.

<sup>4</sup> Vitamin C supports collagen formation for normal bone, cartilage and skin function.

<sup>5</sup> Vitamin C contributes to the normal function of the immune system.

<sup>6</sup> Vitamin C contributes to the normal function of metabolic processes aimed at producing energy.

# Sleep well!

## EVERY NIGHT.

Night Master improves your sleep quality with its innovative triple effect<sup>1,2,3</sup>

- ◆ **FALL ASLEEP FASTER:**  
Through enhanced relaxation
- ◆ **SLEEP DEEPLY:**  
Through improved sleep quality
- ◆ **WAKE UP REFRESHED:**  
Through optimized regeneration overnight

**Its highly effective formula** consists only of natural ingredients.

### Healthy:

It does not cause addiction, it is completely sugar-free and vegan.

**+ Mind Master** for enhanced **concentration** and extra **energy** on the following day<sup>4,5</sup>



*Freely selectable combination!*

### LR Night Master – 2-piece Set

81111

2 x 30 sticks per 3,7 g + FREE Mind Master Green | 500 ml value of 15,48 €

### LR Night Master – 2-piece Set

81112

2 x 30 sticks per 3,7 g + FREE Mind Master Red | 500 ml value of 15,48 €

Total price

175,46 €

Special offer Greece

139,99 €

Cyprus from 149,97 €

118,89 €

<sup>1</sup> www.safractiv.com, 13.11.2019 | <sup>2</sup> Comercial Quivmica Masso, unpublished study, 2014. | <sup>3</sup> Thiamine, niacin, magnesium, vitamins B6 and B12 contribute to the normal function of the immune system. Zinc contributes to normal cognitive function. | <sup>4</sup> Thiamine and vitamin B12 contribute to the normal function of metabolic processes aimed at producing energy. | <sup>5</sup> Vitamin B12 contributes to the normal function of the nervous system. Vitamin B12 helps reduce tiredness and fatigue.



**"Made in Germany"**  
is our promise for top  
quality, which you can  
rely on 100%.



*Freely selectable  
combination!*

- |   |              |
|---|--------------|
| <b>LR Night Master – 3-piece Set</b>  | <b>81115</b> |
| 3 x 30 sticks per 3,7 g + <b>FREE 2 x Mind Master Green</b>   500 ml value of 30,96 €   |              |
| <b>LR Night Master – 3-piece Set</b>  | <b>81116</b> |
| 3 x 30 sticks per 3,7 g + <b>FREE 2 x Mind Master Red</b>   500 ml value of 30,96 €   |              |
| <b>LR Night Master – 3-piece Set</b>  | <b>81117</b> |
| 3 x 30 sticks per 3,7 g + <b>FREE 1 x Mind Master Green</b>   500 ml<br>& <b>1 x FREE Mind Master Red</b>   500 ml value of 30,96 € |              |

Total price	270,93-€
Special offer Greece	189,99 €
Cyprus from	231,95-€



**A UNIQUE COMBINATION FOR**  
*maximum results*



Aloe Vera Drinking Gel Peach is our favorite classic with 3 invaluable properties that are linked to our overall health.

In detail, it supplies the body with important nutrients and enhances their action, protects the normal function of the immune system and supports the normal functioning of metabolic processes.

Aloe Vera Drinking Gel Honey contains 90% Aloe Vera gel and 9% honey.

The Aloe Vera gel is an elixir of life, as it moisturizes, rejuvenates and offers important vitamins and minerals. During the summer period, when sweating is more intense, drinking Aloe Vera gel is necessary to ensure adequate fluid intake.

2+1  
free



Honey is well known for its antimicrobial properties. In addition, the carbohydrates it contains have a prebiotic effect. The prebiotic action of honey and the Aloe Vera gel helps Pro 12 unfold its action in the most efficient way, since prebiotics are the 'food' of probiotic bacteria.

The combination of the Aloe Vera Drinking Gel Honey with Pro 12 supports the hydration of the body and the normal function of the gastrointestinal system that can be disrupted during the holidays.





A UNIQUE  
COMBINATION  
FOR  
*maximum  
results*

*2+1  
free*



## ENJOY A FEELING OF OVERALL WELLNESS

### Pro 12 Capsules – 2+1 Set

80373

3 x 30 capsules / 17,9 g

- With 12 bacterial cultures
- 1 billion bacteria per capsule
- Patented micro-encapsulation process

Total price

131,97 €

Special offer Greece

87,98 € (163,83 € per 100 g)

Cyprus from 113,97 €

75,98 € (141,49 € per 100 g)

LR E-Shop Link



Click on each product photo to be directly navigated to its page on the LR e-shop



TOP QUALITY:

According to the highest "Made in Germany" quality standards, aloin-free\*

### 3 BUILDING BLOCKS FOR YOUR OVERALL WELLNESS:

**Nutrient supply:** Provides important active ingredients and improves nutrient utilisation<sup>3</sup>

**Defense mechanism:** Supports cell regeneration<sup>4</sup> and immunity functions<sup>5</sup>

**Metabolism boost:** Improves energy metabolism<sup>6</sup>

**Aloe Vera Drinking Gel Traditional Honey – 3-piece Set**

**80743**

3 x 1000 ml

**+ FREE Aloe Vera Moisturizing Concentrated Gel | 20101 | 100 ml value of 17,89 €**

**Total price**

**113,56 €**

**Special offer Greece**

**88,39 €**

**Cyprus from 106,76 €**

**82,99 €**

\* Aloin content of less than 0.1mg/L. Aloin is a hydroxyanthracene derivative (HAD).

# For noticeably smooth skin



## Aloe Vera Moisturizing Body Balm 20639

- With 69% Aloe Vera gel and organic magnolia extract
- Nourishes and nurtures the skin
- Improves the skin's natural moisture content

200 ml

Greece from 17,89€

only 12,99€

Cyprus from 16,79€

only 12,19€



Code: 95715-710

GR/CY

LR Health & Beauty Systems reserves the right to bring about changes to the products due to technical and quality improvements and disclaims any responsibility for misunderstandings due to typographical errors.